

Week 1

Lunch Menu

Monday

Margherita wholemeal pizza

Cheese and Tomato Swirl

Jacket Potatoes with Choice of Toppings

Baked Potato Wedges and Vegetable Sticks

Fresh Salad Selection

Fresh Fruit Platter or Strawberry Mousse

Glass of Milk

Tuesday

Halal and Non- Halal Chicken Curry

Lentil Dahl

Turmeric Rice, Naan Bread Finger and Mixed Vegetables

Pasta Twists with Tomato and Vegetable Sauce

Fresh Salad Selection

Fresh Fruit Salad or Yoghurt with Compote and Toppings

Glass of Milk

Wednesday

Freshly Baked Bread

Halal and Non-Halal Lemon and Herb Chicken

Roast Vegetable and Bean Pie

Roast New Potatoes, Carrots, Green Beans, Yorkshire Pudding and
Gravy

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Cheese and Crackers or Fresh Fruit Salad

Glass of Milk

Thursday

Quorn Cheeseburgers in a Bap with Crispy Potato Cubes, Tomato Salsa
and Vegetable Sticks

Vegetable Lasagne Served with Garlic and Herb Bread and Mixed
Vegetables

Pasta Twists with a Cheddar Cheese Sauce

Fresh Salad Selection

Fresh Fruit Salad or Natural Yoghurt with Fruit Compote and Toppings

Glass of Milk

Friday

Freshly Baked Bread

Breaded Fish Fillet

Cheese, Onion and Broccoli Quiche

Jacket Potatoes with a Choice of Toppings

Lemon and Herb Potato Wedges and Shredded Green Beans

Fresh Salad Selection

Ice Cream with Berry Compote or Fresh Fruit Salad

Glass of Milk

Week 2

Lunch Menu

Monday

Kedgeree Style Rice Bowl with Salmon, Pollack and Hake

Macaroni Cheese

Jacket Potatoes with a Choice of Topping

Wholemeal Garlic and Herb Bread and Seasonable Vegetables

Fresh Salad Selection

Fresh Fruit Salad or Shortbread

Glass of Milk

Tuesday

Halal and Non Halal Chicken and Cripsy Vegetable Noodle Stir Fry

Crispy Tofu and Vegetable Noodle Stir Fry

Pasta Twists with a Tomato and Vegetable Sauce

Fresh Salad Selection

Mixed Fruit Muffin or Fresh Fruit Salad

Glass of Milk

Wednesday

Freshly Baked Bread

Halal and Non-Halal Sausages

Quorn Sausages

Roast Potatoes, Carrots, Broccoli and Gravy

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Cheese and Crackers or Fresh Fruit Salad

Glass of Milk

Thursday

Katsu Paneer and Pea Curry served with Naan Bread and Savoury Rice

Vegan Mince Chilli Served with Savoury Rice and Tortilla Chips

Pasta Twists with a Cheddar Cheese Sauce

Fresh Salad Selection

Fresh Fruit Salad or Natural Yogurt with Fruit Compote and Toppings

Glass of Milk

Friday

Freshly Baked Bread

Breaded Fish Fillet

Red Pepper Frittata

Steamed Parsley Butter Potatoes and Fresh Greens

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Ice Cream with a Berry Compote or Fresh Fruit Salad

Glass of Milk

Week 3

Lunch Menu

Monday

Freshly Baked Bread

Vegetable and Lentil Bolognese with Fusilli Pasta and Garlic Focaccia

Cheese and Tomato Swirl served with Savoury Vegetable Rice

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Fresh Fruit Salad or Natural Yoghurt with Fruit Compote and Toppings

Glass of Milk

Tuesday

Halal and Non-Halal Jerk Chicken Thigh

BBQ Butterbean, Chickpea and Vegetable Stew

Rice, Beans and Seasonal Vegetables

Pasta Twists with a Pesto Sauce

Fresh Salad Selection

Sticky Toffee Apple Cake or Fresh Fruit Salad

Glass of Milk

Wednesday

Freshly Baked Bread

Halal and Non-Halal Chicken

Creamy Leek and Butternut Wellington

Roast Potatoes, Yorkshire Pudding, Carrots, Cabbage and Gravy

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Cheese and Crackers or Fresh Fruit Salad

Glass of Milk

Thursday

Quorn Cheeseburgers in a Bap with Crispy Potato Cubes, Tomato Salsa
and Vegetable Sticks

Macaroni Cheese

Wholemeal Garlic and Herb Bread and Seasonal Vegetables

Pasta Twists with a Vegetable Tomato Sauce

Fresh Salad Selection

Carrot Cake or Fresh Fruit Salad

Glass of Milk

Friday

Freshly Baked Bread

Breaded Fish Fillet

Cheese, Onion and Pepper Puff

Crispy Potato Bites and Seasonable Vegetables

Jacket Potatoes with a Choice of Toppings

Fresh Salad Selection

Lemon Drizzle Cake or Fresh Fruit Salad

Glass of Milk